

Employee Assistance Programs

EAP Programs	General Phone	Edmonton Area Phone	Sessions Provided
Humanacare	1-800-661-8193	n/a	bases services on short-term approach 6-8 sessions
FSEAP/The Family Centre of Northern Alberta	1-877-553-7327	780-423-2831	varies, depends on the plan
Shepell	1-800-461-9722	866-446-1700	basic plan 3-5 sessions, can be up to 8
Humansolutions/Homewood Health/Organizational Health Inc.	1-800-663-1142	780-428-7909	varies depending on the plan
Blue Cross	1-800-661-6995	780-498-8000	varies depending on the plan
EASNA-Federal Government EA	1-800-268-7708	n/a	1-8 session depends on the plan