

## **Sherwood Park Income- Based Counselling Options**

### **1. Family Community Services**

- Walk in Counselling Sessions on Tuesdays and Thursday
- Pay “what you can afford”
- <https://www.strathcona.ca/departments/family-and-community-services/programs-and-services/counselling-services/>
- 780-464-4044

### **2. Power Psychology**

- Offers sliding scale
- <https://www.powerpsychologyservices.com/>
- 780-467-0700

### **3. Evolution Psychology**

- Sliding scale for those without insurance
- [www.evolutionpsychology.ca/](http://www.evolutionpsychology.ca/)
- 780-570-5709

### **4. Great Life Psychology Centre**

- Sliding Scale
- <http://www.greatlifepsychologycentre.ca/>
- 780-570-5544

### **5. Elements Counselling**

- Sliding scale
- <http://elementcounselling.com/>
- 780-570-1144